Indications

1. First Brush and Floss: Have the patient brush their teeth, rinse, floss and rinse again. Explain to the patient that they will need to do this every time before they use the trays.

2. Tray try in: Seat the trays, making sure both the upper and lower trays fit, and the patient is comfortable. The trays should fit intimately to the occlusal surface and snuggly against the gingiva without causing discomfort. If the patient complains of discomfort, identify the area, remove the trays using the posterior ledges built into the trays and lightly relieve the point of tissue impingement using a white stone and a high-speed hand piece.

3. Show the patient how to properly insert and remove the trays:

a. Place the upper and lower trays with finger pressure only. The easiest way is to have them use their thumbs to seat the upper and their fingers to seat the lower. Make sure that they know that they are **never to bite the trays into place.**

b. To remove the trays grab each tray in the molar region and gently rock and pull tray out.

4. Gel application:

a. OraKlenz trays are designed to hold the gel right where it is needed to help the gel infuse below the tissue and into the pockets. Apply the OraKlenz Gel to the buccal, lingual and interproximal areas of the trays and make sure to demonstrate this step. **DO NOT** touch the tray with the applicator to avoid contamination.

b. Seat the trays completely using finger pressure only. **DO NOT** bite the trays into place.

c. Once the trays are comfortably in place, have the patient use their thumb and index finger to rub and press the outer surface of the trays. Then, instruct the patients to gently bite down so that the upper and lower trays make contact. This process will infuse the gel below the tissue and deep into the pockets.

d. If only one tray has been prescribed seat the tray completely and have the patient use their thumb and index finger to rub and press the outer surface of the tray. Then have them close into occlusion with their natural dentition. This process will infuse the gel below the tissue and deep into the pockets.

e. Advise the patient to keep the trays in place for 15-20 minutes. Depending on the severity of the patient's periodontal condition, this process should be repeated 1-3 times a day.

f. We have found the best times to treat to be after mealtimes, shower/bath times, watching shows, before bedtime, etc...

g. Once the treatment time is up, remove the trays, and express any excess gel remaining in your mouth into the sink.





5. Cleaning the Trays: Upon removal, rinse the trays under cool water and brush (with a soft toothbrush). Then let them dry until the next treatment time. **DO NOT USE HOT WATER ON THE TRAYS.** At least once a week, clean the trays with a good appliance cleaner such as, EverSmile White Foam appliance cleaner, available at Amazon.

6. Provide the patient with any special instructions that you may have.

Doctor's Instructions:

Wear Time – 15 to 20 minutes

☐ 3 Times Daily ☐ 2 Times Daily ☐ Once per Day

Special Instructions:

_____

_____

_____

Dr._____ Phone _____

7. Important Note: Make sure to remind your patient that OraKlenz does not replace regular brushing and flossing. If they feel any irregular or adverse reaction to contact the office immediately.

FABRICATED BY:

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SML® SPACE MAINTAINERS LABORATORIES

OraKlenz™

OraKlenz Trays Deliver Healing OraKlenz Gel Directly to the Source of the Infection.



CAUTION: Federal law requires a written prescription, signed by a licensed medical professional.

REV.C.MAY.2018