

The standard upper appliance is finished so that the lower anteriors are the only opposing teeth that contact the appliance. The lower posterior teeth are left out of occlusion. This tends to eliminate bruxing or grinding while wearing the upper appliance.

*If you wish to have all lower teeth contact the upper occlusal acrylic in a balanced fashion, it is essential that you send a construction bite\* that is at least 4mm thick. Be sure to verify your construction bite on the working models before shipping to the laboratory. The bite must accurately fit the working models without rocking.*

IMPORTANT: The CPAP-Pro can also interface with most sleep appliances. If you choose to use a repositioning appliance, it will be necessary for you to send along a repositioned Construction Bite\*.

PLEASE CONTACT THE LAB IF YOU NEED INSTRUCTIONS FOR TAKING A CONSTRUCTION BITE. WE ARE HAPPY TO MAIL, FAX OR EMAIL IT DIRECTLY TO YOU.

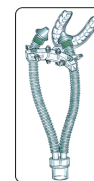
## MAILING PROCEDURE

1. Fill out lab slip – indicating type of appliance to be fabricated.
2. Carefully (and separately) wrap
  - Models
  - Mouth Extension Bracket
  - Bite Registration
3. Place wrapped items in mailing box (label provided).
4. Call 800-742-5877 to schedule a UPS pick up

Appliance Fabricated by:



[www.SMLsleep.com](http://www.SMLsleep.com)



# CPAP PRO<sup>®</sup>

No Head Gear | No Straps | No Discomfort



## PLEASE READ!

### CUSTOM FITTING GUIDE FOR LAB-FABRICATED APPLIANCES

FOR ADDITIONAL ASSISTANCE,  
**CALL 1-800-423-3270**  
ASK FOR YOUR CPAPPRO SPECIALIST







**IMPORTANT:** Keep this instructional pamphlet in a safe place. Should you require a custom-fit appliance, take this pamphlet – with extra Mouth Extension Bracket and Aquaform beads -- to your Dentist.



## Doctor's Instructions: CPAPPRO

### Positioning of CPAPPRO Mouth Extension Bracket

The Mouth Extension Bracket connects the airway nasal apparatus to the supporting dental appliance. To ensure success, the nasal apparatus must be aligned directly below the patients nostrils. This requires that you first align the extension bracket correctly. Follow the steps listed below to assure the proper placement of the extension bracket.

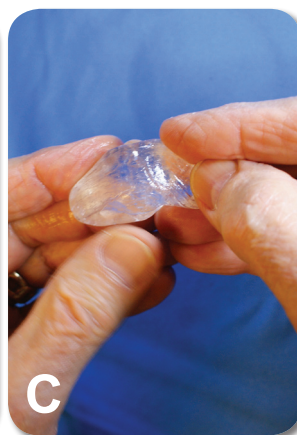
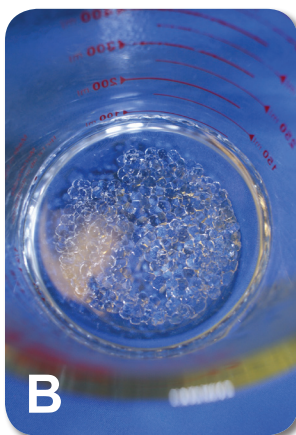
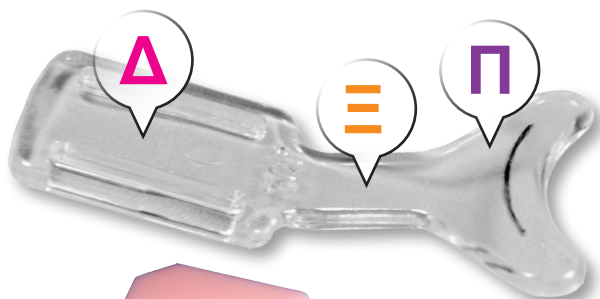
- 1. Take clear, well-defined alginate impressions of the patient's upper and lower arches.** Pour them up in yellow stone. These models must be available for your inspection prior to dismissing the patient.
- 2. Carefully examine and familiarize yourself with the Mouth Extension Bracket.** It consists of three regions:  - The slotted angled end that connects to the nasal airway apparatus.  - The straight middle section.  - The intraoral curved fork region (that will eventually become part of the dental appliance).
- 3. Practice placing the Mouth Extension Bracket in the correct position.** Place the intraoral curved fork region in the patient's mouth. The upper incisors should rest near the edge of the curved portion () , on the top side.

CAPTION: Line drawn on bracket above indicates approximate position of incisors.

**Incisors should contact the bracket as shown in the bite registration photo (Figure D).** Place a cotton roll below the bracket and instruct the patient to gently bite down, hold the bracket in place. When this is done correctly, the bracket should be directly aligned under the nose -- straight section of the bracket () parallel to the floor, and the slotted angled end of the bracket () pointing upward.

#### 4. Begin the bracket positioning procedure.

- Seat the patient vertically in a natural position
- Soften the white AquaForm beads by placing them in extremely HOT WATER until they turn clear (Figure B).



**CAUTION:** Use coffee cup or glass bowl. DO NOT SOFTEN BEADS IN A PLASTIC CONTAINER.

- Carefully remove the melted beads from the water with a spatula. Knead them into a small rectangular patty -- approximately 1/2" X 2", and 1/4" thick. Place patty over the top portion of the intraoral curved fork region and fold over the edges (Figure C).

**CAUTION:** Hot AquaForm will stick to gloves.

- Place the Mouth Extension Bracket back in the patient's mouth and register the upper incisors in the AquaForm material -- as close to the edge of the bracket as possible (Figure D).
- Place a cotton roll beneath the bracket. Instruct the patient to gently bite down and hold in place. The bracket should be directly aligned under the nose with the straight section of the bracket parallel to the floor, and the slotted angled end pointing upward.

**Note:** Bracket should protrude from the patient's mouth as far as possible, but not off the edge of the bracket.

- Leave the bracket in the patient's mouth until the AquaForm has cooled down.

**NOTE:** AquaForm will return to its original white color when it is cool. Once cooled, it should appear like the bracket in Figure E.

#### 5. Place the bracket back in the patient's mouth.

Make sure that it is directly aligned under the nose -- with the straight section of the bracket parallel to the floor and the slotted angled end pointing upward. Make sure the bracket fits on the patient's upper model. If your model is accurate and the Aquaform registration has been done correctly, it should fit the model snugly without rocking.

#### 6. Take a centric occlusion bite registration.

This allows the lab to properly relate the upper and lower models to each other. When the standard simple splint (Figure F) is being used as the oral appliance, this type of bite registration is all that is needed.